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FINDING BRAVERY

My impression is that it is increasingly easy to feel lost, to become misplaced in the current times we live in. Not only are we overwhelmed by social media and AI, but there are very few sources of uplifting news unless you search extensively for it.

So, I was very surprised when the word "brave" came to mind. An entire stream of thoughts came to me and I would like to share it with you. I do so for a simple reason: I was inspired. An interpretation of brave can be understood as follows: "**Brave** means having or showing the mental or moral strength to face danger, fear, or difficulty without being overcome by it."

I realised that from a very young age we were encouraged to take steps that moved us towards becoming brave or showing forms of bravery. The most common one we could identify with was walking along a passage with no lights, or the bed light that needed to shine when we went to sleep until we no longer needed it. As we grew up, the emphasis started changing from simple to complicated.

For me, brave nowadays represents, a parent that gets up in the morning, waking up the kids in the middle of a cold winter's morning, encouraging them to get dressed, come



down for the already prepared breakfast, getting them in the car, driving off to school. It entails the life partner who just lost the love of his/her life that, after the messages, flowers, food, phone calls fade away, forcing themselves out of bed to brave the day. Bravery is the one person speaking up for what's right, even when others disagree. It's the man/woman who walks away from an abusive relationship to start over. To embrace old age with grace and valor. To live a life of abundance even when you lack daily bread. I have no doubt that this list could be never ending...

"Each of our readers has a story they can identify with. It's important to recognise and acknowledge that we are all incredibly brave - extraordinary in our own unique ways. Sometimes, we just need to remind ourselves of that more often."

Remember to salute yourself each day, for you are worthy and brave.

Laurinda



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2019*



Uitnemendheid
in Kliëntediens
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DAVID ATTENBOROUGH'S VOICE: FROM ZOO QUEST TO OCEAN

Over the course of seven decades, Sir David Attenborough's documentaries have reshaped how we see the natural world, shifting from colonial-era collecting trips to urgent calls for environmental action. His storytelling has inspired generations, but has only recently begun to confront the scale of the ecological crisis.

To understand how far nature broadcasting has come, it helps to return to where it started.

Zoo Quest was filmed in exotic locations around the world and then in the studio where the animals found on the expedition were shown "up close".

Attenborough has since acknowledged that Zoo Quest reflected attitudes that would not be acceptable today. The series showed animals being captured from the wild and transported to London Zoo – practices which mirrored extractive, colonial-era approaches to science.

In recent years, Attenborough has taken on a new role – not just as a broadcaster, but as a powerful voice in environmental diplomacy.

He has addressed world leaders at major summits such as the UN climate conference Cop24 and the World Economic Forum, calling for urgent action on climate change. He was also appointed ambassador for the UK government's review



on the economics of biodiversity.

In Ocean with David Attenborough, his most direct confrontation with environmental collapse to date, Attenborough delivers a powerful message with clarity and urgency. The documentary lays bare the devastating impact of industrial trawling and habitat destruction on our oceans.

He urges us not to turn away. As he poignantly states: "If we save the sea, we save our world. After a lifetime filming our planet, I'm sure that nothing is more important."

Source: WESSA Eden - Article adapted from The Conversation.

DE KAAP EIENDOMME VIER 30 JAAR VAN DIENS, VERTROUW EN GROEI IN GROOT-BRAKRIVIER - ADVERTORIAL



De Kaap se kantoor in 1995



Die huidige kantoor

Met trots en diep dankbaarheid vier De Kaap Eiendomme vanjaar ons 30ste bestaansjaar – 'n mylpaal wat sonder die ondersteuning van ons lojale kliënte, toegewyde span en die wonderlike gemeenskap van Groot-Brakrivier nie moontlik sou wees nie.

Ons reis het in 1994 begin in 'n beskeie kantoor in Kortstraat, agter die bekende Peperboom. In 1997 het Michael en Marinda die erf in Langstraat aangekoop en 'n kantoor gebou wat perfek pas by ons naam en logo – en só is 'n nuwe hoofstuk geskryf.

Ons het ontstaan in 'n era van faksmasjiene en papierwerk – sonder selfone of laptops. Tog het ons saam met die tyd en tegnologie beweeg, en saam met Groot-Brak se groei het

ons ook ontwikkel. Vandag is ons trots daarop om steeds dié pragtige omgewing se unieke eiendom aan ou en nuwe inwoners bekend te stel.

Aan die De Kaap-span: ons waardeer elke lid se harde werk en lojaliteit. Julle jarelange ondervinding, kundigheid en spanwerk maak ons 'n krag om mee rekening te hou.

Ons sien daarna uit om vir nog baie jare diens te lewer – professioneel, persoonlik en met trots.

Ons is geregistreer by die Property Practitioners Regulatory Authority (PPRA), en al ons agente voldoen aan die vereistes en gedragskode van die bedryf.

As u op soek is na eerlike, professionele en deeglike eiendoms diens, hoef u nie verder te soek nie.

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**De Kaap Eiendomme –
30 jaar van vertroue, diens
en eiendoms passie.**



BESPARING: DIE GROOT STAP NA FINANSIËLE GEMOEDSRUS

CHRISTO MALAN

As finansiële adviseur hoor ek dikwels: “Ek wil graag begin spaar, maar ek het eenvoudig nie ekstra geld nie.” Die goeie nuus is dat meeste mense wél maniere kan vind om elke maand selfs net R1000 beskikbaar te maak. Dit verg net doelgerigtheid en ’n aanpassing in jou begroting.

Die volgende scenario is ’n aanduiding van hoe doeltreffend jy kán spaar as jy net begin met daardie bedrag:

Jy begin bv. op ouderdom 25 en spaar R1000 per maand teen ’n gemiddelde opbrengskoeers van 9% oor die beleggingstydperk met ’n verhoging van 5% op die maandelikse bydrae. Op ouderdom 65 kan jy ’n opbrengs van R 12 500 000 oplewer.

Die groot vraag is egter: Waar kan ek R1000 per maand kry om te spaar?

▪ Die eerste stap is om jou uitgawes eerlik te hersien

Neem ’n maand om elke sent wat jy bestee neer te skryf. Jy sal verbaas wees oor hoeveel klein bedrae saam groot uitgawes vorm. Vra jouself: “Is hierdie koste regtig noodsaaklik?” Jy kan meer fokus op winskopies of om daaglikse koffies van R40 per koffie te verminder. So kan jy maklik maandeliks spaar.

▪ Onderhandel vaste uitgawes

Jy kan dalk goedkoper motorversekering of ’n selffoonkontrak uitneem, of jou mediese fonds hersien. Selfs ’n afslag van



R300–R500 op drie of vier kontrakte kan reeds nader aan jou doelwit bring.

▪ Stel ’n kontantbegroting vas

Verbruikbare items soos kruidentersware, vermaak en klere. Gebruik kontant of ’n aparte debietkaart om binne ’n vasgestelde limiet te bly. Hierdie selfdisipline verminder impulsiewe aankope en help jou om geld doelbewus toe te deel.

▪ Leer finansiële dissipline en verantwoordbaarheid aan

Stel ’n debietorder in plek aan die begin van die maand en belê in ’n finansiële spaarproduk. Dit gaan nie oor groot opofferings nie, maar oor klein, volhoubare veranderinge. Deur goeie spaargewoontes aan te leer, ontwikkel jy ’n sterk finansiële ingesteldheid wat ook in ander areas van geldbestuur voordelig is, soos skuldbeheer, beleggings en begrotingsbeplanning.

Elke groot finansiële droom begin met ’n klein, doelgerigte stap. Verseker jou toekoms met gemoedsrus.

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VOER TUINVOËLS: WAT OM TE GEE EN TE VERMY

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Hier is 'n kort gids oor wat om te voer en te vermy om hulle gesond te hou.

Wat om Tuinvoëls te Voer:

- **Nektar vir Suikerbekkies:** Plant nektar-ryke spesies soos aalwyne of vuurpyle (Kniphofia spp.) om dubbelkraag-suikerbekkies te lok. Meng 1 deel suiker met 4 dele water, kook en bedien in skoon voerders.
- **Sade vir Wewers en Vinke:** Bied wilde voëlsaad in buisvoerders aan vir Kaapse wewers en kanaries, terwyl duive geweer word. Laat grasse soos Panicum staan vir natuurlike sade.
- **Vrugte vir Loeries en Baardmannetjies:** Knysna-loeries en kuifbaardmannetjies hou van vrugte van boomfuchsia of witstinkhout. Plaas lemoene of piesangs op platform-

voerders.

- **Insekte vir Rooiborsies en Hoepheops:** Kaapse rooiborsies en Afrika-hoepheops eet larwes; kweek meelwurms vir proteïen.
- **Vetsmeer vir Gemengde Voëls:** Vetsmeerballetjies lok baardmannetjies en wewers met energie.

Wat om Nie te Voer Nie:

- **Brood:** Vermyn vars of ou brood; dit het min voeding en lok rotte.
- **Kombuisafval:** Bly weg van gaar oorskiet; dit trek knaagdier en is ongesond.
- **Rooi Kleurstof in Nektar:** Moenie rooi voedselkleurstof gebruik nie; dit is giftig.
- **Muf Kos:** Muf sade of grondbone bevat skadelike mikotoksiene; bêre kos droog.
- **Oorvoeding:** Beperk voerders om aggressiewe mynas en duive te vermy.

Wenke vir Sukses:

Gebruik buisvoerders vir sade en platforms vir vrugte/vetsmeer, naby blare vir veiligheid. Plant karee (Searsia lancea) vir kos en skuiling. Hou voëlbadde skoon, naby skuiling maar nie onder takke nie.



Vinnig. Betroubaar. Beskikbaar.

Wat beteken ons slagspreuk vir jou, die agent of verkoper?

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- ✓ Direkte lyn na jou prokureur

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SEARLE MEMORIAL CHURCH: 95TH ANNIVERSARY CELEBRATION (29 JUNE 1930 - 29 JUNE 2025)

THE HISTORY EXTRACTS FROM "THE STORY OF GREAT BRAK RIVER" BY MARGARET FRANKLIN COMPILED BY NORMAN WIDLAK



In 1860, Charles and Pamela Searle from Hersham, England, arrived in Great Brak River to take over as tollkeepers of the causeway over the river. They were Congregationalists, and for the Searle family, their religion was an integral part of life, an attitude unquestionably accepted and adopted by their eight children.

Eight years later, in 1868, Charles bought land in Great Brak River, Voorbrug. In 1869, they took over the inn/hotel of Ferreira's House of Accommodation, the accompanying, and built a schoolhouse and chapel. The first service was held in April 1869 on the third Sunday by Rev. Theo Atkinson from the mission station in Pacaltsdorp, George. The reading was from Acts 16, verses 13 and 14. For 25 years, Sunday the 1st services were held here. Rev. Atkinson held services once a

month. The 1st and 2nd services were in Dutch, and the 3rd was in English.

He served the community until 1892 (23 years). Services were open to all races in the village by 1894. The "Mission Hall," built directly opposite the school and chapel, was opened in 1894 at a dedication service on 15 September 1894, attended by 600 adults. In his opening address, Charles Searle expressed hope that all living in the neighbourhood would come and hear the Gospel, by whomever preached. His son, Tom, would preach every Sunday, but Rev. Anderson would come once a month to preach and administer Holy Communion. The building was shared by Congregational, Anglican, and Dutch Reformed Churches.

The village grew quickly, and times changed. On 5 October 1924, the Dutch Reformed Church was opened and dedicated, 30 years to the day after the Mission Hall. The Searle family donated a portion of the old golf course and money to help build the Dutch Reformed Church. In 1929, St. John's Anglican Church was inaugurated, built on the east side of the river. Willie Searle, son of Charles Searle, supported his wife, Edith, in her efforts to establish an Anglican Church. Edith became the organist and remained so until an advanced age. Searles Ltd. donated the site for the church. In 1930, the European



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members of the Congregational Church founded and built the Searle Memorial Church. It was built on a portion of Charles Searle Junior's (Wolwedans) farm, known as the "Duck Pond," at the foot of Prospect Hill. The land was drained for the building work and consecrated by Rev. A. Olver. Rev. Olver composed a special hymn to mark the occasion. The foundation stone was unveiled on 29 June 1930 by Fanny Searle, the last surviving child of Charles and Pamela Searle. Rev. Olver became the first resident minister (April 1925 to March 1931). The building was designed by Gordon Leith in Spanish-style architecture. Gordon also designed the pulpit, which was made by Walter Pike, a resident engineer, as a labour of love. The organ and furnishings of the church were bought mainly with funds accumulated by the Women's Association (W.A.).

The baptismal font was a gift from the Sunday school. Its stanchion (upright post) is said to be made of Olienhout, which came from a post of the old toll gate. The base and bowl of the font came from a Blackwood tree planted by Charles Searle Senior many years before. The church bell was presented by Bill Franklin Senior. The large stained-glass windows at the rear of the church were donated by Rev. and Mrs. Olver. The beautiful stained-glass windows at the front of the church are in memory of William Franklin, Bill (William Jr.) Franklin, Winifred Franklin (nee Searle), and Russel Searle.

The family was active in church, political, social, educational, and sporting spheres. Today, the Searle Memorial Church remains nondenominational and open to all.



Photos: Courtesy of Robert Smith.

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FRAAI-UITSIG
R3.15m
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WAT IS 'N BULLET JOERNAAL?

BETTERUP.COM

'n Bullet Joernaal (ook "BuJo" genoem) is 'n aanpasbare, vloeibare beplanningsstelsel wat deur Ryder Carroll in 2013 geskep is om take, gebeure en notas op een plek te bestuur. Dit gebruik eenvoudige simbole - soos kolletjies vir take, sirkel vir gebeure, en strepies vir notas - om vinnig inligting vas te lê. 'n Tipiese bullet journal bevat 'n indeks (inhoudsopgawe), 'n toekomslog vir langtermynbeplanning, maand- en daaglikse logs vir korttermynbestuur, en versamelings soos doelwitte of gewoontevormende dinge.

Oorsprong:

Ryder Carroll het die metode ontwikkel as 'n manier om fokus te verbeter en 'n gevoel van oorweldigheid te verminder - veral as iemand met ADHD. Dit het vinnig gewild geraak weens sy eenvoud én buigsaamheid.



Voordele van 'n Bullet Joernaal:

1. Beter Produktiwiteit en Organisasie

Dit bring al jou take, planne en nabetragtings saam in een stelsel. Jy kry duidelikheid oor prioriteite en werk doeltreffender.

2. Verminder Stres en Skep Koprus

Deur gedagtes neer te skryf, verlig jy geestelike spanning en voorkom jy dat jy dinge vergeet of oorlaai voel.

3. Verbeter Geheue en Leer

Die fisieke handskrif help jou om beter te onthou en dieper te verstaan, in vergelyking met digitale notas.

4. Bevorder Selfbewustheid en Refleksie

Gereelde nabetragting en die migreer van onvoltooide take moedig bewustelike besluite aan. Dit bevorder emosionele insig.

5. Uitdrukking en Aanpasbaarheid

Elke bullet journal is uniek - jy kan dit eenvoudig of kreatief hou, met elemente wat jou persoonlike doelwitte ondersteun.

Begin vandag met 'n bullet joernaal en bring orde, fokus en groei in jou lewe - al wat jy nodig het, is 'n notaboek en 'n pen. Hierdie eenvoudige stelsel help jou om produktiwiteit, helderheid en welstand te verbeter, een bladsy op 'n slag.



NUWE DEPOT




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WHERE ACTION BECOMES AD SPACE

SCOTT THOMSON

In an age where conscientious consumers crave authenticity and environmental responsibility, local businesses have a unique opportunity to stand out like fireflies in the night. Not by throwing more and more at traditional advertising, which often relies on one-way communication and battleship hit-or-miss tactics, but by simply investing in something far more meaningful - local conservation initiatives.

For many small enterprises, marketing budgets are already too tight and stretched thin. Television, print, and even digital ad placements can run into thousands of Rands with often limited engagement. Imagine instead a local bakery sponsoring a river clean-up or a plumbing company providing services to a local nature reserve. Not only are these efforts cost-effective, but they also create meaningful community connections that conventional ads often can't.

When a business visibly supports a conservation cause, it gains something advertising and money can't buy: trust. People remember who helped restore a local wetland or provided materials for a new hiking trail. This visibility within the landscape through action, whether on community noticeboards, social media posts from the initiative, or even a simple logo on a volunteer's shirt, becomes a steady, long-lasting form of subliminal and word-of-mouth marketing.

Unlike conventional ads, which disappear after a week or two, conservation efforts often provide months of visibility. A tree



planted today becomes a living billboard for years. A sponsored recycling bin reminds the community daily of who funded it, while also promoting a message of collective responsibility. The return is also emotional. Customers are far more likely to support a company that shares their values. When local media picks up and covers these conservation efforts, the business enjoys added exposure—not as an advertiser or a corporate shill, but as a local community champion.

Today, as local environmental challenges unfold physically at our doorstep and as trust in brands is earned through action, conservation-based marketing offers a win-win. It's cheaper, more enduring, more targeted, more impactful, and rooted in the very communities businesses actually serve.

The impact does not merely stop there. These efforts ripple outward, inspiring pride, sparking conversations, and drawing attention without needing a paid slot. They can also shift the perceived perspective of your business from just being a name to being a neighbour.

The question is no longer: can you afford to market through conservation? The real question is: can you afford not to?

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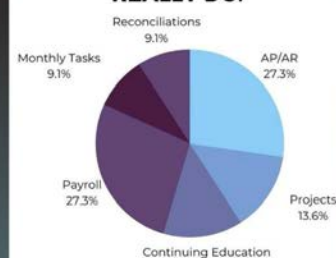
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DIE VERBORGE KOSTE VAN OPSIES

SCHALK VILJOEN



Met die toetreding tot die tegnologiese era het ons samelewings teen 'n groter pas verander as ooit tevore. Waar die aspekte van menslike lewe voorheen grotendeels vasgelê was deur kultuur, tradisie, en ligging, was in relatiewe korter tyd meer en meer persoonlike vryheid van keuse gegee aan die individu.

Met die versnellende ontwikkeling van tegnologie, nywerheid en wêreldhandel het land- en kultuurgrense vervaag, en het die diversiteit van beskikbare opsies vir alledaagse items eksponensieel toegeneem. Vandag kan ons amper enigiets denkbaar aanskaf vir onself. Hierdie toegang tot keuse het ons wêreld soveel meer interessant gemaak – maar teen 'n prys.

Studies toon dat die moderne volwassene daaglik rondom 35 000 bewustelike besluite moet neem. Hierdie oorlading het aanleiding gegee tot verskynsels soos besluitmoegheid en besluitverlamming. Die menslike brein het klaarblyklik 'n beperkte kapasiteit vir besluitneming, en soos daardie limiet genader en volhou word, manifesteer die gepaardgaande uitputting as stres en angstigheid.

Sielkundige Barry Schwartz noem dit die "paradoks van keuse". Dit is die idee dat meer opsies ons nie gelukkiger maak verby 'n sekere punt nie, maar intendeel lei tot twyfel, spyt, en uitputting. Ons leef in 'n tyd van ongekende toegang tot dinge wat ons begeer, maar voel meer as ooit tevore oorweldig en ontevrede. Al hoe meer mense verlang terug na eenvoudiger tye, terwyl ons almal stilweg weet dat daar geen ommekeer aan vooruitgang is nie.

Die oplossing lê dus in waarmee ons die probleem op individuele vlak bestuur, soveel van ons se aartsvyand – selfdiscipline.

Doelbewuste afskakeling, eenvoud en die skep van keuseriglyne is maniere om die las te verlig.

Hier is 'n paar tegnieke en maatreëls wat mens kan handhaaf:

- **Reël van 3** - Beperk jou aantal keuses in elke aspek van besluitmaking doelbewus tot 3.
- **Bepaal maatstawwe vooraf** - Besluit vooraf wat maak meeste saak met die keuse en hou daarby.
- **Stel 'n sperdatum** - Hoe langer 'n besluit duur, hoe meer twyfel ervaar ons en hoe moeiliker raak dit.
- **Kontrakteer die raamwerk uit** - Delegeer ingewikkelde besluite deur gebruik te maak van winkels wat hul items in styl-temas groepeer, of styladvies deel maak van hul besigheidsmodel.

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THE THERAPEUTIC POWER OF GARDENING

UCANWEST.CA

In today's fast-paced world, finding peace can be difficult, but gardening offers a timeless, effective way to improve both mental and physical health. More than just growing plants, it's a holistic self-care practice that reconnects us with nature.

Mental Health Benefits

Gardening is a proven way to reduce stress, anxiety, and symptoms of depression. Simple tasks like planting or watering can be meditative, calming the mind and promoting mindfulness. Exposure to sunlight boosts serotonin levels, lifting mood and increasing feelings of well-being. The process of nurturing plants and watching them grow also provides a sense of purpose and accomplishment - essential for mental resilience.

Physical Health Benefits

Gardening is also great for physical health. Activities like digging, planting, and weeding provide moderate exercise that strengthens muscles, improves flexibility, and supports heart health. Spending time in nature has been linked to reduced inflammation and stronger immune function, thanks in part to beneficial microbes in the soil.

Getting Started: Tips for Beginners

You don't need a backyard to garden. Whether on a balcony, windowsill, or in a small yard, anyone can start.

- **Start Small:** Choose easy-to-grow plants like herbs or marigolds.
- **Use Good Soil:** A nutrient-rich, well-draining mix is essential.
- **Water Wisely:** Learn the watering needs of your plants and stick to a routine.
- **Learn from Mistakes:** Gardening is a learning process -

don't be afraid to fail.

- **Create a Calm Space:** Add touches like seating, bird feeders, or wind chimes for a relaxing environment.
- **Join a Community:** Gardening groups, both local and online, offer support and inspiration.

Even without outdoor space, you can grow herbs, microgreens, or vegetables indoors using containers or grow lights. Gardening nurtures more than just plants - it cultivates joy, calm, and well-being. Whether you're growing tomatoes on a deck or basil in your kitchen, a garden can become a personal sanctuary that supports your health and happiness.



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KING OF MY CASTLE

INA BEZUIDENHOUT

Really? Are you convinced of this fact?

Property ownership often carries a veneer of unbounded freedom—a notion that you can shape your land or home as you please. But this vision, enticing as it may be, often belies the intricate tapestry of legal and environmental obligations that quietly govern the space we call our own. The allure of being "king" of one's castle is frequently tempered by realities that demand careful attention and a willingness to navigate layers of responsibility.

Many property owners are convinced that the concept of unfettered land ownership is protected in the Constitution. Unfortunately, this is not the case and you might be in for a rude awakening..

How many prospective buyers familiarise themselves with the conditions recorded in the Title Deed of a Property they intend to buy? At the time that one decides to become a landowner and performed the miracle to find a property they can see themselves living on and even manage to fit in the purchase price in their budget (however much this budget might have been stretched, revised and redesigned)



The fine print of a Title Deed often conceals a labyrinth of restrictions, easements, and servitudes that can dramatically alter a property owner's plans. These provisions may dictate everything from access rights for neighbours or utility companies to limitations on land use that are inconspicuous yet binding. Buyers frequently overlook these encumbrances, too caught up in the excitement of acquiring what they perceive to be their dream home. But the devil is in the details, and ignoring them can lead to significant financial and emotional burdens.

Zoning laws and municipal regulations further complicate the landscape, imposing constraints on where and how construction can occur. Can you build that garden cottage, braai area, swimming pool or expand your garage? The answer often lies buried in layers of legal documentation that demand thorough investigation. A notion as simple as pruning or removing a tree might be governed by laws related to endangered flora,

leaving property owners tangled in bureaucratic red tape for months or years.

In some instances, the idealistic vision of land ownership may even clash with broader societal priorities. Environmental conservation initiatives and restrictions, for example, often impose limitations aimed at protecting biodiversity or water resources. These restrictions can affect everything from fencing designs, construction of buildings within demarcated distances, to the management of natural landscapes within your property boundaries.

The legal frameworks governing land use are not merely administrative hoops but are deeply intertwined with legal and ethical considerations, often reflecting the delicate balance between personal autonomy and community welfare.

Moreover, unforeseen circumstances, such as disputes over historical property lines or contested inheritance claims, can add further complexity to the notion of owning land outright. It is not uncommon for property owners to find themselves caught in legal disputes over boundary adjustments or easements granted decades earlier—matters that may have remained dormant until conflict arises.

Failure to comply with environmental legislation can result in significant penalties. According to the latest amendments of the National Environmental Management Act, the maximum fine for not obtaining the appropriate authorisations is R10 million or a prison sentence of up to 10 years. Are you prepared to add this price tag to your property price?

Similarly, if your property has a structure older than sixty years, you are required to obtain authorisation from the heritage authority based on the status and age of the building. Failure to obtain this authorisation may also lead to a fine. This requirement applies regardless of the condition of any buildings, including those on farms.

Navigating these complexities demands not only a thorough understanding of applicable legal obligations but also an openness to reassessing one's initial expectations of land ownership. For many, the journey of becoming a property owner is as much about learning and adapting as it is about securing a tangible space to call home. It is imperative to approach this undertaking with a mindset of due diligence, delving deeply into every condition, covenant, and clause before signing the dotted line.

Buying a property is not a mere transaction but a commitment to understand the interconnected web of rights, restrictions, and responsibilities. With careful scrutiny and the guidance of experts, however, property ownership can transform from a potential minefield into an exciting, sustainable investment that aligns both personal aspirations and community values.

Until the scene is changed by a new neighbour, new development or a change in the laws – because change is the only constant element of life.

BIOSCOPE VENUE RESTORATION BRINGS NEW LIFE TO GROOT-BRAKRIVIER LANDMARK

CARIEN MOOLMAN



A beloved landmark in Groot-Brakrivier is being lovingly restored to its former glory. The Bioscope Venue, located at 5 Charles Street, is undergoing a beautiful transformation to once again serve as a lively hub for connection, creativity, and celebration within the community.

Originally established by the pioneering Searle family, the building was rebuilt in 1924 as the Bioscope Hall.

For many years, it was the heart of the village's social life, offering cinema screenings, live music, and spaces for gatherings. Now, nearly a century later, the venue is being revived as a bioscope once more, honouring its rich history while embracing a vibrant new future.

The restored venue will host regular movie nights, bringing the magic of the silver screen back to its original home.

Beyond films, it will be available for concerts, social events,

and private functions, providing a versatile space where the community can unite and celebrate together.

More than just a building, the Bioscope Venue holds the memories and stories of generations. Its restoration aims to deepen local ties, celebrate the village's heritage, and create new experiences that will be treasured for years to come. Whether attending a live performance or enjoying a film screening, this space is dedicated to serving the people of Groot-Brakrivier.

Additionally, the restoration supports local tourism by attracting visitors to the area, increasing foot traffic to nearby businesses, and boosting the local economy. By shining a spotlight on Groot-Brakrivier, the Bioscope Venue is becoming a vital cultural and economic cornerstone.

With its rich history and renewed purpose, the Bioscope Venue is once again a thriving heart of community life, bringing people together through shared culture, creativity, and celebration.



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COLLABS AND TRAINING COURSES

JANNES BUYS

May and June proved to be very busy autumn months for Wonderful SA and the Youth Café. We are always excited when we get to host training programs that we know provides valuable skills and further employment opportunities. During May and June, we facilitated a Future Leadership course with the i-Oceans Trust, where a group of young people were trained in leadership and embracing their opportunities.

We also facilitated the training, testing, and actual appointments for Learner's Licenses for 17 young people from Grootbrak and Friemersheim, which is a valuable first step toward obtaining a driver's license, and becoming exponentially more employable and independent. Four young people also started the ICDL (International Computer Driver's License) program, an ongoing, internationally accredited computer course, that we hope to roll out further in future.



Our Wonderful Studio team hit the road to visit Cape Town and surrounding areas, doing radio interviews, getting music exposure, filming new songs, and spreading our culture of joy with our music and collaborating with others. It was a hugely successful trip, and we invite anyone to look at our YouTube page or their music streaming service for new releases from our beautiful community!

Lastly, we welcomed two outreach student groups from the United States, that, as part of their curriculums, spent time visiting South Africa. These teams generously spent time in our communities at a creche, building connection and sharing ideas across cultures. It is a beautiful partnership that we hope will grow.

We invite anyone for a visit to the Youth Café in Grootbrak, to see our facility, have a delectable coffee, or join our fun.



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WINTERWENKE OM JOU HUIS OP TE VROLIK

COLETTE J V RENSBURG & ELANI V.D BURGH

Winter het nou behoorlik die Wes-Kaap in sy kloue. Dit is die seisoen wanneer ons natuurlik baie meer tyd binnenshuis spandeer. Dit vat die minimum moeite en finansiële uitleg om jou gunsteling leefruimtes te herskep. Met net 'n paar veranderings en 'n bietjie kreatiewe ondernemingsgees skep mens maklik 'n gesellige winter-leefruimte.

- Moenie die impak van plante onderskat om kleur en varsheid in 'n vertrek in te bring nie. Gebruik liefes, indien moontlik, lewendige plante.



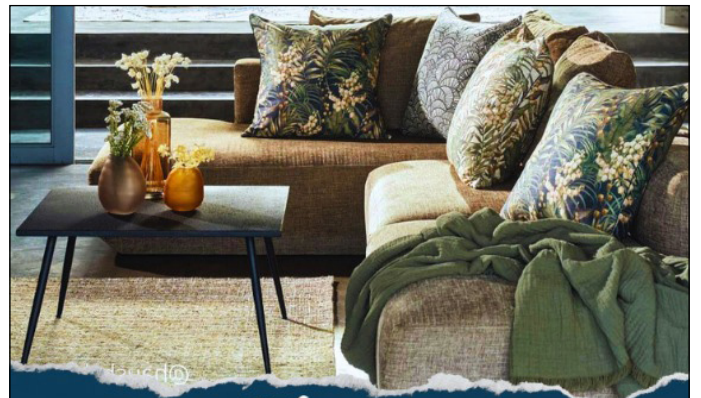
Leefruimte voor



Leefruimte na

- Moenie bang wees om verskillende teksture te gebruik om warmte te skep nie, bv:
 - 'n Luukse winter throw
 - Verskillende teksture kussings – gebruik ook gerus 'n kombinasie van bont- en effekleur kussings, asook verskillende groottes en vorms.
- Rol 'n paar kniekomersies op en plaas dit strategies in 'n mooi mandjie.
- Indien jy 'n kaggel het, moenie huiwer om die houtstompe as deel van jou dekor te gebruik nie. Plaas die houtstompe in 'n groot rottangmandjie, of wat ookal jy het om dit ten toon te stel.
- Skep vinnig en maklik warmte en atmosfeer deur 'n paar goed geplaasde kerse. Gebruik verskillende groottes, hoogtes, vorms en kleure.
- Wat is lekkerder in die winter as om knus onder 'n kniekomers jou gunsteling boek te lees of tydskrif deur te blaai – maak dus jou boeke deel van jou dekor.
- Net soos die boeke, kan speletjies wat sigbaar is, ook 'n gesellige atmosfeer skep en mens sommer vinnig tuis laat voel.

Dit is nie altyd nodig om derduisende rande op nuwe bykomstighede te spandeer om hierdie winter 'n warm en gesellige gevoel in jou huis te skep nie.



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KREATIEWE WINTER AKTIWITEITE VIR KINDERS

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Winter in Suid-Afrika bring koue dae en korter ure buite, maar dit beteken nie kinders moet verveeld raak nie! Met 'n bietjie kreatiwiteit kan ouers en kinders saam pret hê met eenvoudige binnenshuise aktiwiteite. Hier is 'n paar idees om kinders besig en gelukkig te hou.

1. Voer 'n Toneelstuk Op

Moedig kinders aan om hul eie storie te skryf of 'n toneelstuk op te voer. Hulle kan ou klere gebruik vir kostuums en 'n "verhoog" in die huis oprig. Dit bevorder taalvaardighede en kreatiwiteit.

2. Raaisels en Breinbrekers

Neem beurte om raaisels uit 'n boek of aanlyn lys op te los. Dit bevorder logika en kritiese denke terwyl kinders se breine goeie oefening kry.

3. Papiervliegtuigkompetisie

Vou verskillende papiervliegtuie en kyk watter een die verste vlieg. Maak teikens uit karton om deur te vlieg vir ekstra pret.

4. Skep 'n Plakboek

Gebruik ou foto's, gom en versierings om 'n plakboek te maak. Dit is 'n kreatiewe manier om familieherinneringe te bewaar.

5. Maak 'n Fliek

Met 'n selfoon kan kinders 'n tuisgemaakte fliek skiet – dalk 'n dokumentêr oor die gesin of 'n storie met opgestopte diere.

6. Bou 'n Kunsmuseum

Laat kinders skilder, teken of beeldhou met pypskoonmakers en googly-oë. Hang hul kunswerke op soos in 'n museum vir 'n familie-uitstalling.

7. Maak Modelling-deeg

Meng eenvoudige bestanddele vir tuisgemaakte modellering-deeg. Kinders kan vorms en beeldjies maak, wat verbeelding



en ruimtelike denke aanmoedig.

8. Hou 'n Komedieshow

Oefen vyf grappies uit 'n kindergrappe-boek en voer 'n komedieshow op. Dit bou selfvertroue en openbare spreekvaardighede.

9. Skattejag

Versteek 'n prys in die huis en skryf leidrade om dit te vind. Of maak 'n lys van huishoudelike items vir 'n vinnige soektog.

10. Bak en Versier

Maak koekies en laat kinders dit versier met strooisels en lekkers. Dit is lekker en leer meting en wiskunde.

Met hierdie aktiwiteite word winterdae 'n avontuur vol lag en leer!

Dr. Maureen Kritzing
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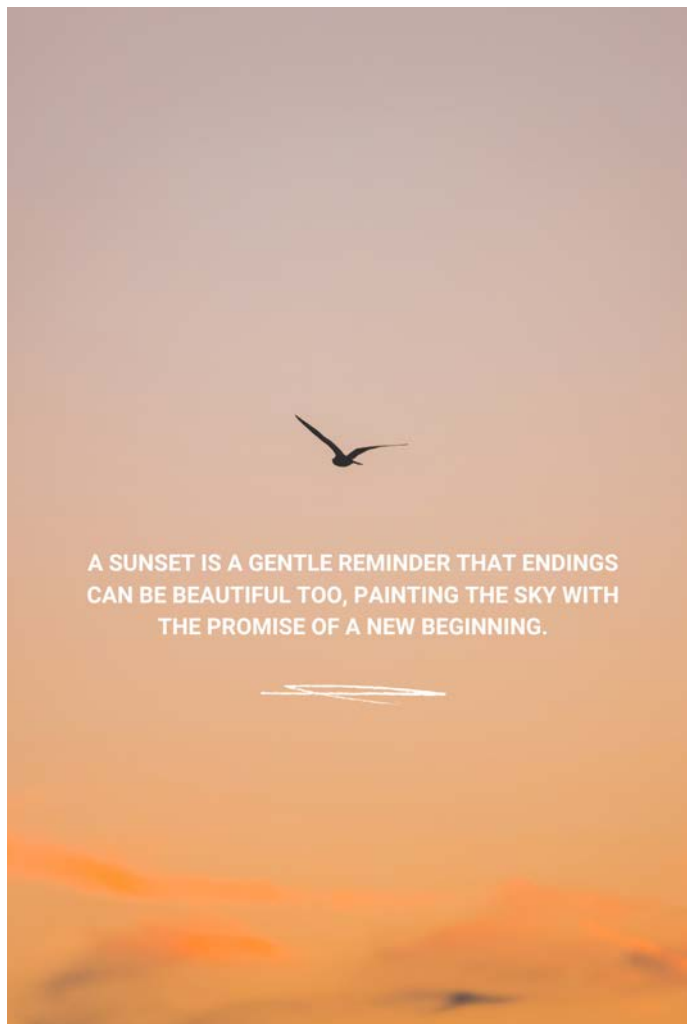
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Day	Times of												Moon Phase
	Sunrise	Sunset	High Water				Low Water				Moonrise	Moonset	
			Time	Height	Time	Height	Time	Height	Time	Height			
1	0737	1732	0733	1.61	2002	1.71	0130	0.73	1322	0.63	1136	2351	
2	0737	1732	0816	1.50	2052	1.63	0215	0.82	1402	0.74	1200	----	
3	0737	1733	0911	1.40	2153	1.57	0311	0.88	1455	0.85	1224	0048	
4	0737	1733	1031	1.35	2304	1.55	0427	0.90	1615	0.92	1249	0144	
5	0737	1734	1206	1.37	----	----	0553	0.87	1751	0.92	1317	0242	
6	0737	1734	0011	1.57	1314	1.46	0657	0.79	1858	0.85	1350	0341	
7	0737	1735	0108	1.62	1401	1.57	0745	0.69	1946	0.76	1428	0440	
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9	0736	1736	0236	1.77	1513	1.78	0859	0.51	2104	0.58	1607	0637	
10	0736	1736	0314	1.84	1546	1.86	0933	0.43	2140	0.51	1707	0729	
11	0736	1737	0351	1.90	1620	1.93	1006	0.37	2217	0.46	1811	0815	
12	0735	1738	0427	1.94	1655	1.98	1040	0.33	2255	0.44	1917	0854	
13	0735	1738	0504	1.96	1731	2.01	1113	0.32	2335	0.45	2024	0928	
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18	0733	1741	0847	1.55	2136	1.77	0248	0.68	1439	0.72	0048	1153	
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21	0732	1743	0018	1.73	1315	1.58	0702	0.65	1924	0.71	0424	1403	
22	0731	1744	0130	1.80	1415	1.74	0803	0.53	2022	0.59	0533	1503	
23	0730	1745	0228	1.89	1502	1.89	0851	0.42	2110	0.48	0634	1611	
24	0730	1745	0317	1.96	1544	2.00	0932	0.33	2152	0.41	0726	1722	
25	0729	1746	0359	2.01	1622	2.07	1008	0.27	2230	0.38	0807	1831	
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28	0727	1748	0545	1.92	1803	2.01	1139	0.33	----	----	0937	2139	
29	0726	1749	0616	1.82	1834	1.92	0009	0.53	1206	0.41	1001	2237	
30	0726	1749	0646	1.71	1906	1.81	0040	0.61	1235	0.53	1025	2334	
31	0725	1750	0718	1.58	1940	1.69	0114	0.71	1305	0.66	1050	----	

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